

A Note on Long-Term Care Insurance:

Insurance can be a tool for protecting your nest egg in the event of long-term care. It is far from perfect and many, many things need to be understood and considered before purchasing. For your education, the following is a very rough estimate of the cost of insuring \$100,000 of Long-Term Care Expenses:

Recommended Action:

NOW WHAT?

1. Take some time to celebrate life. Watch the classic movie "The Bucket List" and create or update your list of next adventures. While we want to prepare for the end, we also want to remain focused on making the most of the one life we have to live. Please bring your updated adventure list to your next meeting.
2. Do a home/lifestyle assessment. Where/how can you reduce your risk of needing care and what can you do to stay young, mentally and physically? If you have elderly relatives, offer to help them do the same.
3. Create a list of any questions or concerns you have regarding this subject that we can discuss in our next meeting together.

Our job, our very mission, is to do everything possible to help you achieve your financial goals. While planning for long-term care is one of our least favorite activities, it is essential for you to have a plan in place, if only because luck favors the prepared. It is our hope that you never need to use this plan (i.e. you never need long-term care), but if you did, please know that our office is very experienced in helping clients through these situations. Our expertise in helping you create your safety net is just one of the many benefits of you working with our firm.

**Information is for example only and does not represent and offer from any insurance company. Actual premiums depend on application and underwriting criteria. \$3,000 Monthly Benefit Pool, 3 Year Benefit Period, 90 Day Elimination, 3% Inflation



33308 13th PI S. Ste #3 Federal Way, Washington, 98003
(253) 838-9703 · [REDACTED] JarvisFinancial.com

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THE PERFECT RIA

**IN CASE OF
LONG-TERM
CARE
EMERGENCY**

CALL JARVIS FINANCIAL

CLIENT:

DATE:



(253) 838-9703 · [REDACTED]

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LONG-TERM CARE STRATEGY

As part of our commitment to your ongoing financial success, we have created the following guide that details our strategy should you find yourself in need of Long-Term Care. It is our hope that you will never need to use this strategy, but as the old saying goes, 'luck favors the prepared'.

PLEASE review this strategy carefully, noting any areas where you have questions, concerns and/or would like more information. We can discuss these items together in our next meeting.

BEING PREPARED

If due to physical illness and/or diminished capacity you were unable to make your own financial decisions, your Power of Attorney document provides legal authority for someone else to act on your behalf. Without this document, the Courts would appoint a guardian.

Based on our records, your Power of Attorney documents are as follows:

Year Created:

Primary:

Contingent:

Recommended Action:

Fidelity's Trusted Contact

By now you've likely received several letters/emails from Fidelity asking you to establish a 'Trusted Contact' on your accounts. This program, mandated by the Federal Government, gives Fidelity someone to contact if they have questions or concerns about your health or welfare.

While our office is your 'trusted advisor', we cannot be named as your 'trusted contact.' As such, we recommend that you name as your 'trusted contact' the same person(s) you have designated in your power of attorney estate documents.

Recommended Action:

Enclosed with this report is the Fidelity form to establish your 'trusted contact.' Please fill in highlighted areas in section 2, sign, date and return the form to our office in the envelope provided.

PAYING FOR CARE

'Best Case' Scenario

Approximately 7 out of 10 of retirees will spend LESS than \$50,000 on long-term care per person. If you need care at this level, your total lifetime Long-Term Care expenses would be less than \$50,000 per person.

While \$50,000 is very real money, your investment accounts along with your home equity could easily cover this expense. It would, however, reduce your legacy goals.

Because your assets could easily cover this 'best case' scenario, we recommend focusing your attention on reducing the risks of needing higher levels of care. Specifically:

- Where in our home can we reduce the risks of tripping and/or falling (leading cause of LTC)?
- If we were unable to continue driving, how/who would run essential errands?
- What can we do in our lifestyle to 'stay young', both physically and mentally?

'Bad' Scenario

Approximately 2 out of 10 retirees will spend between \$50,000 and \$250,000 on long-term care per person. While this is a staggering number, it is important to remember that the expense would likely be spread over multiple years AND it would take the place of essentially all of your other lifestyle expenses.

In Your Situation:

Recommended Action:

'Worst Case' Scenario

Approximately 1 out of 10 retirees will have the misfortune of spending more than \$250,000 on long term care per person. This tragic scenario would most likely be the result of severe dementia, requiring many years of intense care.

In Your Situation:

Recommended Action:

Source: Department of Health and Human Services